

# Seminar Summary Form

## Contact Information

<b>Name:</b>		<b>Email:</b>	
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## Event Details (complete field A. live, online, non-CCAA events or B. recorded, CCAA research seminars)

<b>Event Type:</b> <small>(Check one)</small>	A. Live, Non-CCAA Seminar <input type="checkbox"/>	B. Recorded CCAA Research Seminar <input type="checkbox"/>
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**A. Event Promo Page:**  
(Live, Online Non-CCAA Events)

**B. Recording URL:**  
(CCAA Research Seminars)

**Seminar Title:**

**Speaker/Presenter:**

**Length (minutes):**

**Provide a summary of the information presented in the seminar.**

**Explain how information from this seminar can be incorporated into your classes.**

I confirm that I have observed the above live or recorded seminar. This observation satisfies the requirement for ½ of a Seniors' Fitness Instructor Certification (SFIC) renewal Professional Development Credit (PDC).

**Signature**

**Date**