

# Opaskwayak Cree Nation - Foot Care Clinic

Goal: Promote an understanding of the importance of healthy feet for people living with diabetes, and inform them of the local foot care services available

## CYCLE 1

<p><b>PLAN</b></p>	<p>What are we trying to accomplish?</p>	<p><b>Developing a foot care campaign:</b></p> <ul style="list-style-type: none"> <li>The campaign discussed foot complications associated with diabetes, and how people with diabetes can look after their feet</li> </ul>
<p><b>DO</b></p>		<p><b>Reaching community members:</b></p> <ul style="list-style-type: none"> <li>The Clinical team partnered with a community foot care nurse to hold a one-day information session at the local mall</li> </ul>
<p><b>STUDY</b></p>	<p>How will we know that a change is an improvement?</p>	<p><b>What was Learned?</b></p> <ul style="list-style-type: none"> <li>The team interacted with a total of 68 people</li> <li>Many of these people didn't know that the Beatrice Wilson Health Centre provided foot care services as part of the Home and Community Care Department</li> </ul>
<p><b>ACT</b></p>	<p>What small changes can we make that will result in improvement?</p>	<p><b>The Clinical QI team:</b></p> <ul style="list-style-type: none"> <li>Identified a gap in communicating services and information to the community</li> <li>Planned to use available resources to provide further education</li> <li>Planned a second information session in another location in the community to reach more people</li> </ul>