

Western University  
School of Kinesiology  
Kin 2922T

**BADMINTON**

Instructor: Jason Kaszycki  
Quarter: T  
All classes held in TH Gym

[jkaszyc@uwo.ca](mailto:jkaszyc@uwo.ca)

**Friday lectures are full game play @ TH Gym**

**Course Description:**

This course is designed to present the student with the fundamental skills, techniques, rules, strategies and tactics of badminton play. The development of skill technique and execution, together with playing ability will be the primary focus.

**Course Objectives:**

1. To develop the fundamental skills of badminton.
2. To provide a basic knowledge of rules, equipment, techniques, and the strategies and tactics of badminton.
3. Through instruction, drill, and play, to enable the student to demonstrate the basic skills and knowledge of badminton.
4. To enable the student to analyze the basic skills of badminton and develop the ability to detect and correct common errors of technique and execution.
5. To help the student apply basic biomechanical principles to analyze and evaluate badminton skill.

Students will be responsible for handouts, readings, video provided throughout the course. Students will also be responsible for content presented during class.

**Instructional Methods:**

Lecture and written materials.

Demonstration, drill, and practice.

Play in various formats; singles, doubles, and some mixed doubles. Round robin tournament in both formats.

The student should keep a log of activities presented in class.

**Course Content:**

A. Skills

1. Grip; forehand/backhand.
2. Stance and ready position.
3. Movement on the court: to the net, baseline, and sideline.
4. Serves: high and long; low and short; drive. Doubles short; flick.
5. Service return(s): stance / racket.
6. Underhand strokes: clear off forehand and backhand

7. Overhead strokes: clear off forehand and backhand; smash off forehand and backhand; drop off forehand and backhand.
8. Sidearm strokes: drive shots (down the line and cross-court).
9. Net play: hairpin drop off forehand and backhand; tumble
10. Blocks: straight, angled, and drop.

#### B. Knowledge(s)

1. Rules: the playing court.
2. Serving and scoring. Lets and faults.
3. Format of play; singles and doubles
4. Safety issues on and off the court.  
Etiquette; conduct on and off the court.

#### C. Strategy and Tactics

1. Offensive and defensive.
2. Serving and receiving the serve.
3. Singles vs. doubles (mixed doubles).
4. Angle of return and positioning

#### D. Play

1. Competitive drill
2. Single, doubles, some mixed doubles play.
3. Round robin singles, doubles.

**Student Evaluation:** 60% allocation to skill, 30% to theory and 10% to attendance

#### 1. Skill Testing:

This will occur over a few different days towards the end of the semester. Students will be given notification with regards to what skills will be tested and how they will be tested before the specific testing dates. Skills may include a variety of serves, both clears, as well as net play.

Total for skill testing: 40%

Evaluation of student during class instruction, drill execution, and tournament class play will be assessed by instructor and have a maximum total of 20%.

Attendance and attitude will be noted, having a total of 10%.

#### 2. Knowledge Tested

Final written examination, one hour in length.

Value: 30%

**This Written Exam will be held on the FINAL FRIDAY of scheduled class**

## Course/University Policies

1. **Lateness/Absences:** Assignments are due at the beginning of class on the assigned due date and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the Undergraduate office. A missed mid-term examination without appropriate documentation will result in a zero (0) grade. The course policy is not to allow make-ups for scheduled midterms, presentations or final exams, nor to assign a grade of Incomplete without acceptable and verifiable medical (or equivalent compassionate) reasons. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents or illness, death) or similar circumstances.

2. **Written documentation:** Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted directly, as soon as possible, to the appropriate *Academic Counselling Office* of the student's Faculty/School of registration not to the instructor, with a request for relief specifying the nature of the accommodation being requested. This documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. These documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy. See <https://studentservices.uwo.ca/secure/index.cfm> for specific policy and forms relating to accommodation.

3. **Grades:** Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go up/down/or stay the same. Note that calculations errors (which do occur!) should be brought to my attention immediately.

4. **Scholastic offences:** They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

[http://www.uwo.ca/univsec/handbook/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf).

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence

## **STUDENT CODE OF CONDUCT**

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow.

For more information, visit

<http://www.uwo.ca/univsec/board/code.pdf>

## **ENGLISH PROFICIENCY FOR THE ASSIGNMENT OF GRADES**

Visit the website <http://www.uwo.ca/univsec/handbook/exam/english.pdf>

## **SUPPORT SERVICES**

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health -- <http://www.shs.uwo.ca/student/studenthealthservices.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>