

**Kin 4590 Clinical Kinesiology Placement**

<p><b>Instructor: Dr. Michael Robinson</b>  <b>Office:</b> HSB340  <b>Email:</b> <a href="mailto:mrobin7@uwo.ca">mrobin7@uwo.ca</a>  <b>Phone:</b>  <b>Office Hrs:</b> TBD</p> <p><b>Experiential Learning Coordinators:</b> Alyssa Craik &amp; Allison Kampman  <b>Office:</b> HSB 222 &amp; TH 3177  <b>Email:</b> <a href="mailto:experiencefhs@uwo.ca">experiencefhs@uwo.ca</a> Phone: 519-661-2111 ext. 88959 OR ext. 84582</p>	<p><b>Lectures: Monday (only 2 times per term)</b></p> <p><b>Instruction Mode:</b> In-person.</p>
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**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via [OWL Brightspace](#). Download the Brightspace Pulse App to stay up-to-date on course communication and enable your notification settings within “Communications” in the top toolbar. Check the website regularly for course announcements.

<p><b>Calendar Course Description (including prerequisites/anti-requisites):</b>  This course offers students the opportunity to apply concepts and professional practice skills by gaining kinesiology experience working directly with clients/patients to optimize ‘performance’ (i.e. in sport) or ‘health’ (i.e. prevention and/or management of chronic disease and impairment).</p> <p><b>Extra Information:</b> One hour/week online with class/self-reflective journal/blog; two 2-hour class meetings in person every 4 weeks; Routine meetings and peer-facilitated discussions about professional experiences will encourage the development of reflective practitioners. Issues related to the intersection of theory and practice will be explored. Electronic video conferencing will be used for weekly discussions to reduce travel by students from dispersed. Students will be permitted to take a maximum of 1.0 credits from Kinesiology 4495, Kinesiology 4498A/B, Kinesiology 4585, Kinesiology 4590, Kinesiology 4995A/B (or the former Kinesiology 4995F/G), and Kinesiology 4996A/B (or the former Kinesiology 4996F/G).</p> <p><b>Prerequisite(s):</b> Registration in the B.A. Honours Specialization in Clinical Kinesiology.</p>
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*You are responsible for ensuring that you have successfully completed all course prerequisites, and that you have not taken an antirequisite course.*

**Statement on Prerequisite Checking**

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites

**NOTE: If you wish to enroll in this course without the stated pre-requisite(s), you must obtain written approval from the course instructor. The approval should then be**

**forwarded to your academic counsellor.**

## **My Course Description**

This course is intended to provide students with a 'hands-on' learning experience in the very important and growing field of Clinical Kinesiology. Having been introduced to Clinical Kinesiology practice in their course work (e.g., kinesiology in Ontario healthcare, ethics/privacy, program models, clinical assessment, exercise prescription, note taking) students will have the opportunity to turn theory into practice in this exciting 8-month clinical placement opportunity. Placements will occur in person and virtually in hospital- and community-based chronic disease prevention and management programs, for example, and other contexts (e.g., sport or performance-based opportunities, digital health companies) as well. Students will develop and refine clinical and non-clinical skills that fall within a Registered Kinesiologist's Scope of Practice throughout their placement (see The College of Kinesiologists of Ontario's Scope of Practice under 'Standards and Resources' at [www.coko.ca](http://www.coko.ca)). A Registered Kinesiologist's Scope of Practice is broadly defined in Ontario's 2007 Kinesiology Act as: "The assessment of human movement and performance and its rehabilitation and management to maintain, rehabilitate or enhance movement and performance." Throughout the placement students will engage in a reflective practice, completing monthly logs/diaries and participating in regular group discussions with their professor, placement coordinator and classmates to critically analyze their experiences and further develop the skills needed for professional employment. Students can expect 6-8 placement hours per week and 2-4 reflective practice hours per month.

## **Learning Outcomes/Schedule:**

Upon completion of this course, students will be able to:

1. Identify and delineate a Registered Kinesiologists place within the Ontario healthcare system as well as the core competencies (from the Scope of Practice) required to do the job. (Knowledge)
2. Compare and contrast different ways of triaging and enrolling clients/patients, of obtaining informed consent and protecting personal health information, communicating as part of an interdisciplinary team, taking a medical history and performing a clinical assessment, counselling physical activity or prescribing exercise, and ensuring the safety of yourself and your client/patient. (Analysis)
3. Synthesize research and practical knowledge about the Clinical Kinesiology profession and determine how these might be applied your clinical or non-clinical setting. (Comprehension)
4. Begin to Develop several core competencies expected of Registered Kinesiologists in Ontario. (Application)
5. Further develop abilities to critically reflect upon own clinical and non-clinical experiences through diary completions and participation in group seminars. (Reflection)

## **Required Course Material:**

Any required readings will be posted on OWL.

Go to The College of Kinesiology of Ontario website for information on RKin Practice Standards and Guidelines as well.

Also, go to [www.preceptor.ca](http://www.preceptor.ca) for practical learning modules related to your placement.

Finally, go to <https://www.swselfmanagement.ca/> for very valuable health "coaching" resources.

**Course Evaluation:**

1. **Learning Contract 10% (2 x 5%)**
  - a. Oct 7, 2024
  - b. Jan 20, 2025
2. Monthly (a) diary and (b) log (Diary: 10% (2% each; best 5 marks) Log: 5% (1% each; best 5 marks)
  - a. Monthly
3. Preceptor performance appraisal (30% 2x15%)
  - a. Dec 9, 2024
  - b. April 7, 2025
4. Seminar Presentations (20%)
  - a. Oct TBD
  - b. Nov 11, 2024
  - c. Feb 3, 2025
  - d. March 3, 2025
5. Seminar Attendance (5% 4x1.25%)
  - a. Same as above
6. Final (a) deliverable and (b) 2-min Zoom recorded presentation e.g., topical report, clinical/research deliverable, entrepreneurial project (e.g., new patient pamphlets, presentation at clinical rounds, scientific abstract/poster, policy brief, business plan) (Deliverable 15%, Presentation 5%)
  - a. March 10, 2025

**Late Policy**

Assignments are due as stated in the course syllabus. Late assignments will be penalized at a rate of 10% per day. If assignment is due at 11:55pm on a given day 10% will be lost for late submission even if only by 1 minute e.g., 11:56pm will be docked 10%. Assignments that are not submitted at all will receive a zero (0). A missed assignment without appropriate documentation will result in a zero (0) grade. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents, illness or death) or similar circumstances. Under such circumstances, a missed seminar presentation will be moved to the next seminar presentation date.

## Land Acknowledgement

I acknowledge that Western University is located on the traditional lands of the Anishinaabek (Ah-nish-in-a-bek), Haudenosaunee (Ho-den-no-show-nee), Lūnaapéewak (Len-ahpay-wuk) and Attawandaron (Add-a-won-da-run) peoples, on lands connected with the London Township and Sombra Treaties of 1796 and the Dish with One Spoon Covenant Wampum.

With this, I respect the longstanding relationships that Indigenous Nations have to this land, as they are the original caretakers. We acknowledge historical and ongoing injustices that Indigenous Peoples (e.g. First Nations, Métis and Inuit) endure in Canada, and we accept responsibility as a public institution to contribute toward revealing and correcting miseducation as well as renewing respectful relationships with Indigenous communities through our teaching, research and community service.

## Statement on Gender-Based and Sexual Violence

Western is committed to reducing incidents of gender-based and sexual violence (GBSV) and providing compassionate support to anyone who is going through or has gone through these traumatic events. If you are experiencing or have experienced GBSV (either recently or in the past), you will find information about support services for survivors, including emergency contacts, at the following website: <https://www.uwo.ca/health/gbsv/support/>. To connect with a case manager or set up an appointment, please contact [support@uwo.ca](mailto:support@uwo.ca).

## Course/University Policies

The website for Registrarial Services is <http://www.registrar.uwo.ca>.

In accordance with [policy](#), the centrally administered e-mail account provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at his/her official university address is attended to in a timely manner.

## Support Services

There are various support services around campus and these include, but are not limited to:

1. Academic Support and Engagement - <http://academicsupport.uwo.ca>
2. Wellness and Well-being - <https://www.uwo.ca/health/>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

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## Health and Wellness

As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. For example, to support physical activity, all students receive membership in Western's Campus Recreation Centre as part of their registration fees. Numerous cultural events are offered throughout the year. Please check out the Faculty of Music web page (<http://www.music.uwo.ca/>), or the McIntosh Gallery (<http://mcintoshgallery.ca/>). Further information regarding health and wellness-related services available to students may be found at <https://www.uwo.ca/health/>.

If you are in emotional or mental distress, please visit Western Psychological Services (<https://www.uwo.ca/health/psych>) for a list of options for obtaining help.

### **Academic Offences**

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, in the Academic Calendar ([westerncalendar.uwo.ca](http://westerncalendar.uwo.ca)).

#### ***Plagiarism***

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her. Similarly, you are plagiarizing if you paraphrase or summarize another author's ideas without acknowledging that the ideas belong to someone else. All papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com ([www.turnitin.com](http://www.turnitin.com)).

#### ***Re-submission of Previously Graded Material***

Without the explicit written permission of the instructor, you may not submit any academic work for which credit has been obtained previously, or for which credit is being sought, in another course or program of study in the University or elsewhere.

#### ***Use of Artificial Intelligence for the Completion of Course Work***

Within this course, you may only use artificial intelligence tools (e.g., "ChatGPT") in ways that are specifically authorized by the course instructor. All submitted work must reflect your own thoughts and independent written work.

#### ***Use of Statistical Pattern Recognition on Multiple Choice Exams***

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

### **Use of Electronic Devices**

***During Exams:*** Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices during ANY tests, quizzes, midterms, examinations, or other in-class evaluations.

***During Lectures and Tutorials:*** Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class. **Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.**

## **Academic Considerations and Absences from Lectures and Assessments**

### ***Religious Accommodation***

When a course requirement conflicts with a religious holiday that requires an absence from the University or prohibits certain activities, students should request (in writing) any necessary academic considerations at least two weeks prior to the holiday to the academic counsellors in their Home Department. Additional information is provided in the [Western Multicultural Calendar](#).

### ***Academic Accommodation***

Please contact the course instructor if you require lecture or printed material in an alternate format or if any other arrangements can make this course more accessible to you. Students with ongoing accommodation needs within this course are also encouraged to contact [Accessible Education](#), which provides recommendations for accommodation based on medical documentation or psychological and cognitive testing. The policy on Academic Accommodation for Students with Disabilities can be found [here](#).

### ***Academic Consideration***

The University recognizes that a student's ability to meet their academic responsibilities may, on occasion, be impaired by extenuating circumstances that are medical or compassionate in nature. These extenuating circumstances may be acute (short term), or it may be chronic (long term), or chronic with acute episodes. In all cases, students are advised to consult with the academic counsellors in their home units, at their earliest opportunity. Academic counsellors may refer students to [Accessible Education](#) for ongoing academic accommodations.

Most forms of academic consideration require documentation, and this documentation is to be submitted to academic advisors within 48 hours of the missed assessment. Any such documents will be retained in the student's file, and will be held in confidence in accordance with the University's [Official Student Record Information Privacy Policy](#). Once the petition and supporting documents have been received and assessed, appropriate academic considerations shall be determined by academic advising, in consultation with the student's instructor(s). Academic considerations may include extension of deadlines, waiver of attendance requirements for classes/labs/tutorials, arranging Special Exams or Incompletes, re-weighting course requirements, or granting late withdrawals without academic penalty. Academic considerations shall be granted only where the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. (Note – it will not be sufficient to provide documentation indicating simply that the student “was seen for a medical reason” or “was ill.”).

Whenever possible, students who require academic considerations should provide notification and documentation in advance of due dates, examinations, etc. Under no circumstances are students expected to submit rationales for (or documentation of) any absences, to course instructors. Students are, however, required to follow-up with course instructors, in a timely fashion, to identify the ways in which the academic consideration will be implemented.

### ***Examination Conflicts***

A student completing tests or examinations with flexible submission times (e.g., where one or more evaluation is a take-home assessment) cannot request alternative arrangements unless a conflict cannot be avoided by rescheduling writing the exam to a

different time within the window specified by the instructor. This applies to direct conflicts as well as “heavy load” conflicts (e.g., three exams within a 23-hour period). The student should discuss any concerns about a potential conflict and/or request academic considerations with their academic counselling unit prior to the deadline to drop a course without academic penalty

In the case of online tests and examinations, use of a “Conflict Room,” wherein student can write two proctored exams concurrently, will be interpreted as arrangements for continuous proctoring.

### **Contingency Plan for an In-Person Class Pivoting to 100% Online Learning**

In the event of a situation that requires this course to pivot to online content delivery, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online as determined by the course instructor

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of Zoom-bombing a class or of other serious online offenses may be subject to disciplinary measures under the Code of Student Conduct.

### **Online Proctoring**

Tests and examinations in this course may be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide **personal information** (including some biometric data) and the session will be **recorded**. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western’s Remote Proctoring website at: <https://remoteproctoring.uwo.ca>.

### **Appealing a Grade Within this Course**

You have the right to appeal any grade within this course. The grounds for a grade appeal may be one or more of: medical or compassionate circumstances, extenuating circumstances beyond the student’s control, bias, inaccuracy, or unfairness. All grounds advanced in a request for relief must be supported by a clear and detailed explanation of the reasons for the request together with all supporting documentation.

Appeals generally proceed in this order:

1. Course instructor (informal consultation)
2. Department Chair (submission of written request)
3. The Dean of the Faculty (submission of written request)

In the case of perceived procedural unfairness, steps 2 and 3 are carried out within the Department and Faculty offering the course. In the case of extenuating medical or compassionate circumstances that impact on a grade, steps 2 and 3 are carried out within a student’s Home Department and Faculty.

A request for relief against a mark or grade must be initiated with the instructor as soon as possible after the mark is issued. In the event that the instructor is not available to the student, or fails to act, or if the matter is not resolved satisfactorily with the instructor, a written request for relief must be submitted to the Chair of the Department within three weeks of the date that the mark was issued. In the case of a final grade in a course, the written request for relief must

be submitted to the Chair of the department by January 31<sup>st</sup> (for first-term half courses) or June 30<sup>th</sup> (for second-term half courses or full-year courses).

**Student Code of Conduct**

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit <https://www.uwo.ca/univsec/pdf/board/code.pdf>