

## Honors Specialization in Kinesiology Clinical Kinesiology (BA)

**\*Admitted September 2022 or after\***

5.0 1000 level credits including Kin 1050A, 1060B, 1070A, 1080A/B and Physiology 1021.

<b>Kin 1050A/B</b> Social Foundations of Kinesiology	<b>Kin 1060A/B</b> Functional Human Gross Anatomy	<b>Kin 1070A/B</b> Psychology of Human Movement Science
<b>Kin 1080A/B</b> Psychomotor Behaviour	<b>Physiology 1021</b>	

2.0 Kinesiology credits taken in 2<sup>nd</sup> year.

<b>Kin 2032A/B</b> Research Design in Human Movement Science	<b>Kin 2230A/B</b> Exercise Physiology
<b>Kin 2236A/B</b> Athletic Injuries	<b>Kin 2241A/B</b> Biomechanics

0.5 Kinesiology credits. NOTE: Stats 1023A/B, Stats 1024A/B and DS 1000A/B could be counted if taken before September 2024.

<b>Kin 3032A/B</b> Measurement and Analysis in Kinesiology
---

1.0 Kinesiology credits taken in year 3.

<b>Kin 3402A/B</b> Introduction to Clinical Kinesiology	<b>Kin 3412A/B</b> Exercise for Specific Populations: Chronic Disease
--	--

1.5 Kinesiology credits.

<b>Kin 3222A/B</b> Anatomy of the Human Body	<b>Kin 3336A/B</b> An Introduction of the Practical Aspects of Athletic Injuries	<b>Kin 3337A/B</b> Physiology of Fitness Appraisal
---	---	---

0.5 Kinesiology credits.

<b>Kin 2292F/G</b> Critical Thinking and Ethics in Kinesiology	<b>Kin 3490F/G</b> Professional Ethics in Kinesiology
---	--

1.0 Kinesiology credits. Must be taken in 2<sup>nd</sup> year.

<b>Kin 2980A/B</b> Special Topics in Movement Skills	<b>Kin 2981A/B</b> Special Topics in Movement Skills	<b>Kin 2991A/B</b> Coaching and Sport Leadership
<b>Kin 2992A/B</b> Fitness Assessment and Strength Training	<b>Kin 2993A/B</b> Lifestyle, Individual, Fitness and Exercise	<b>Kin 2994A/B</b> Specific Populations Healthy Engagement Rehabilitation & Exercise

1.0 Kinesiology credits from the list below.

<b>Kin 2276F/G</b> Psychology of Exercise	<b>Kin 3330F/G</b> Laboratory in Exercise Physiology	<b>Kin 3339A/B</b> Exercise Nutrition
<b>Kin 3341A/B</b> Biomechanical Analysis of Physical Activity	<b>Kin 3353A/B</b> Biomechanical Analysis of Human Locomotion	<b>Kin 3457A/B</b> Cognitive Ergonomics
<b>Kin 3476F/G</b> Exercise and Health Behaviour Change	<b>Kin 3480A/B</b> Movement Neuroscience	<b>Kin 3495A/B</b> Practical Aspects of Strength and Conditioning for High Performance
<b>Kin 3550A/B</b> Kinesiology at Work	<b>Kin 4259A/B</b> Legal Issues in Kinesiology	<b>Kin 4276A/B</b> Psychology of Body and Movement
<b>Kin 4420A/B</b> Impact of Exercise During Pregnancy on Chronic Disease Risk	<b>Kin 4431A/B</b> Physiology of Exercise Performance	<b>Kin 4437A/B</b> Medical Issues in Exercise and Sport
<b>Kin 4477A/B</b> Exercise, Nutrition and Wellness	<b>Kin 4480A/B</b> Exercise Neuroscience	<b>Kin 4560A/B</b> Advanced Topics in Musculoskeletal Rehabilitation

1.0 Kinesiology credits taken in 4<sup>th</sup> year.

<b>Kin 4590</b> Clinical Kinesiology Placement
---

1.5 Kinesiology credits taken in 4<sup>th</sup> year.

<b>Kin 4412A/B</b> Exercise for Specific Populations: Impairment and Aging	<b>Kin 4422A/B</b> Entrepreneurship and Technology in Clinical Kinesiology	<b>Kin 4433A/B</b> Physiology of Exercise Training
---	---	---

5.0 Additional External Electives not previously selected.

NOTE: A maximum 2.0 Kinesiology/Dance credits can be used toward this requirement.


### Don't Forget!

Complete Standard First Aid and CPR level C by the end of year 2

Make sure you have at least 2.0 essay credits (F/G/E).  
NOTE: A maximum of 1.0 can be at the 1000 level.


Make sure you have at least 1.0 credits designated Category B (Arts and Humanities).

--	--	--

Make sure you have a minimum of 5.0 1000 level credits.  
DO NOT exceed 7.0 1000 level credits!

Make sure you have a minimum of 1.0 Kinesiology courses at the 4000 level.

--	--	--

### Kinesiology Credit Counter

		EXAMPLE
Kinesiology 1050A/B, 1060A/B, 1070A/B, 1080A/B	2.0	2.0
Senior Kinesiology Courses		10.0
Total		12.0

**Requirement: Minimum = 12.0 and Maximum = 14.0**