INNOVATION ROUNDS:

[Virtual Bone Health Program for Fragility Fracture]

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This is the design problem.

refine a virtual post first-fragility fracture bone health program.

- Suitable for scale up
- DRF
- Osteoporotic Vertebral Fractures
- Easier to modify as guidelines and research evolves





Project Objectives

Objective 1

Create an online, interactive education tool for people after a DRF

Objective 2

Create an online, interactive education tool for people after a spinal vertebral fracture





Multidisciplinary Approach

HULC clinicians and patients, CANSpine PPAG, community clinicians, researchers





Design Solution



- Guidance for team on approaches, mounting and efficiency in production; Recommendations regarding the optimal formats for presentation, software platforms etc.
- 2. Review of program scripts for improvements and clarity
- 3. Assistance with creation of videos with the development team who is responsible for the content.
- 4. Video-Editing and creating alternative versions for different languages, cultures etc.; And for different platforms (as feasible)
- 5. Planning and supporting embedded learning, reinforcement and usage monitoring strategies.
- 6. Planning and supporting the useability analysis.
- 7. Advice and guidance on the development of a creative license statement or letter



Design Solution



- 1. Animation and real-life video will be required to present the material optimally.
- 2. should be able to work on different devices.
- 3. should consider that patients may have English as a second language or low literacy.
- 4. should recognize that often patients may have poor vision and limited technical skills.
- 5. should include principles of adult learning, engagement strategies and teaching back to ensure that content is used and applied.
- 6. Should be able to embed strategies to monitor use and quality improvement.
- 7. Should be adaptive to different level of severity and physical abilities and educational literacy



Project Status

Stage of Progress: Ongoing

- Developing the videos (13/15)
- Receive patient partner feedback on usability
- Conduct further research on vertebral fracture management





Challenges



Implementation Challenges

Further research required.

- Dietitian
- Vertebral fracture management



Patient Engagement Challenges

No challenges to date.



Technical Challenges

Integrating with Lawson.



Any questions?

Does this spark any ideas on how you might use MSK-IF?



THANK YOU!

How can I seek support from MSK-IF to develop my idea further?

Reach out to mskif@uwo.ca if you have an idea you would like to develop further!

Please feel welcome to reach out to Tina if there is anything you would like to further discuss!